



# Dietitians Board

## Te Mana Mātanga Mātai Kai

JANUARY 2019

Newsletter to Practitioners

**DRIVING THE CREATION OF A WORKFORCE THAT IS RESPONSIVE TO THE HEALTH AND WELLBEING NEEDS OF NEW ZEALANDERS**



*Tēnā koutou & welcome to the first Newsletter for 2019*

**Here we are again!** The start of another calendar year. We hope you had plenty of opportunity to relax and enjoy time with your families and friends over the summer break and enjoy some sunshine.

Following a busy and productive 2018 the forecast is that it looks like *'busy and productive'* is going to continue. These newsletters will keep you up to date and don't forget to visit the Boards website.

### CRUNCHING THE NUMBERS - STATISTICS

As the calendar year ticks over we continue to see a growing dietetic workforce.

**There are currently 922 registered dietitians on the Register and 730 hold a current APC**

**Over the last calendar year:**

- **762 APC's were issued**
- **61 new practitioners were registered**
- **18 practitioners 'returned to work' after a break of more than 2 years**

### BOARD APPOINTMENTS

The Minister of Health has now completed the Board appointment process to address the Board tenures that ended in May 2018.

The Ministry of Health have advised the following appointments for a three-year term:

- Hiki Pihema (Gisborne) – reappointment
- Louise Mainvil (Dunedin) – reappointment
- Catherine Humphrey (Auckland) – **new appointment**
- Tom Shand (Whangarei) – **new appointment**

The Board is very pleased to have Louise and Hiki reappointed to continue their valuable mahi and provide well considered contributions around the Board table, and extends a very warm welcome to Catherine and Tom who will bring some new skills and perspectives to the collective and the regulatory work the Board undertakes. Here's a bit of background on our two new Board members:

#### **Catherine Humphrey**

Catherine began her career as a New Zealand registered dietitian in 1985. She initially worked in Wellington then lived and worked in the United Kingdom before returning to Auckland.

She has had significant experience across a range of dietetic fields having worked in clinical and community dietetics and as a professional teaching fellow for the University of Otago. Catherine currently works in private practice and corporate wellness.

Catherine enjoys running, yoga and spending time with her family.

## Tom Shand

Tom is a diabetes dietitian at Northland DHB, based out of Whangarei. He has previously worked in primary health care in the Horowhenua and Taranaki regions, children's weight management in London, UK, and, as a renal and diabetes dietitian at Counties Manukau DHB. He also runs a sports nutrition business and has been convenor for the Dietitians NZ Sports Nutrition SIG.

Tom is passionate about using nutrition to treat and prevent chronic disease and believes that dietitians should be at the forefront of this. Tom loves spending time with his young family, surfing, skiing, and running. He recently spent a year as a stay-at-home Dad and hopes to do this again soon.

## ANNUAL PRACTISING DECLARATIONS - 2019/2020 ANNUAL PRACTISING CERTIFICATES (APCs)

Online renewals and applications for 2019/2020 APC's will open on **1 March 2019**. We encourage you to log in to the Dietitians Portal well before that date to ensure all your details and records are current.

If you have forgotten your password, follow the instructions to reset it by clicking on the **"Forgot password?"** link. If you continue to have difficulties contact the office. When you are logged in, check your contact details are correct and that all your recertification (MyCCP) requirements are up to date. Ensure your 'current role' is up to date and clearly outlines your work.

**Fees** remain at the same level as last year - \$575 APC fee and a \$50 disciplinary levy = \$625. A receipt will be issued at the time of online renewal. Remember that the receipt is not your APC.

This year you will be able to download an A4 APC that you can print off. This will be available to you 5 days after payment and verification that you have met recertification requirements. **APC's will no longer be mailed out.**

Remember, if you are late to renew (after 31 March 2019) and you currently hold an APC you will be charged the late fee of \$809.

The most important point to remember is that you cannot work as a dietitian until you have a current APC. If a practitioner is found to be practising without an APC they may find themselves referred to a Professional Conduct Committee (PCC). Please practice safely and responsibly.

If you are uncertain whether you should renew or **hold an APC for 2019/2020** please read the Board's [GUIDELINES](#) or call the office.

**Please note:** Payment is by credit/debit card and there is no facility for employer bulk payments.

The **Register** of Dietitians (<http://dietitiansboard.org.nz/Search-Register>) shows your status as a registered dietitian. This Register is linked live to the Board's practitioner database and is the record the public, clients and employers should be using to check an individual's registration or practising status.

## PRESCRIBERS

- ❖ The **Prescriber Annual MOODLE Update** is available [HERE](#) – all practitioners with the prescriber endorsement must complete this update to meet recertification requirements for the 2018/2019 practising year.
- ❖ The New **Prescriber Training Course** is also available for those practitioners who wish to undertake a more comprehensive professional development activity.
- ❖ The Board recommends all active prescribers include **peer review of their prescribing** as part of their practice/peer review each year. A template *Prescribing Peer Review* is available under My CCP practice/peer review which can be used to document your meeting and discussion with your prescribing supervisor.



## PASSWORD RESETS

At the beginning of every calendar year practitioners become more active on the MyCCP platform and MOODLE. With this comes moments of uncertainty about log in details and some panicked calls to the office.

Staff are here to help. To make it easier for everyone please ensure you state which platform you are trying to log into when you call us. Being in front of your PC at the time you call is useful so we can establish we are looking at the same thing.

You can reset your MyCCP login by following the instructions to reset it after clicking on the **“Forgot password?”** link.

For those of you who might have forgotten your MOODLE password to enable you to complete either of the courses available we ask that you please contact the office sooner rather than later to have your password reset. Please don't call us at the last minute – **note the 30<sup>th</sup> and 31<sup>st</sup> March are a Saturday and a Sunday** – we will not be in the office! 😊

## DIETITIANS NEW ZEALAND – YOUR PROFESSIONAL ASSOCIATION



**Dietitians NZ** is gearing up for an exciting year that includes plenty of continuing education, peer review and cultural development opportunities. They have been planning a co-ordinated professional development programme involving branches, SIGs, a national road show and an annual conference.

**Memberships** for the 2019/2020 year will open on **Monday 11<sup>th</sup> February** and they encourage all registered dietitians to join the Association, as they work to raise the standard of dietetic practice in all areas.

You can contact Kath Fouhy, General Manager, via email at [ceo@dietitians.org.nz](mailto:ceo@dietitians.org.nz) or call her on +64 21 1044 416

## A FEW REMINDERS

- ❖ Keep your **personal details** up to date by logging in to the Dietitians Portal.
- ❖ If you have only held an APC for the second part of the current practising year please contact us at the office and we will **pro- rata your MyCCP requirements** in the system so you can still renew online.
- ❖ The last date for **Audit submission** for those who have been advised of selection is **31 March 2019**. **Please note** that there is no expectation from those selected for audit to provide more detail than what is required in any given year when undertaking CPD, and logging it, for recertification purposes.
- ❖ The Board's website has a **SEARCH function** – if you are searching for information or a particular document or policy simply type in the words and search the website – this will save you time in emailing or calling the Board's office. The search function can be found above the Dietitians Login at the top right of your screen.
- ❖ If you have a (practice) **supervision condition** on your APC please make sure your supervision records are up to date and your supervisor has signed you on/off depending on your requirements. Remind them also they will need to **'Approve APC'** if you are still under practice supervision in March 2019.
- ❖ Make sure you have not added your 'professional' supervisor into the supervision section of the MyCCP portal – if you have it may cause an issue at renewal time.

## NEXT BOARD MEETING 13 & 14 FEBRUARY 2019

If you have a matter you would like to raise with the Board please contact the Board's office at least 15 days prior to the meeting, to ensure it can be added to the agenda.

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*Should you have any questions about information held by the Board or about registration, holding an APC, MyCCP or supervision please contact the Board's office and talk to Sue or Brady. They are happy to assist you meet your regulatory obligations and have their finger on the pulse of current policy and legislation.*

*Laila Cooper Chair of the Board - Sue Domanski Registrar*

**New Zealand Dietitians Board**  
Te Mana Mātanga Mātai Kai

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