

Learning Objectives - Example 1

Dietitian's Name:

Signature:

Date:

Mentor/Supervisor's Name:

Signature:

Date:

Overall Goals

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Category 1 – Continuing Education *(some examples listed below)*

- § Attend Dietitians NZ conference and report back to the local Branch
- § Attend Dietitians NZ local branch meetings related to my practice and specific goals above
- § Attend clinical meetings, journal clubs and Dietitians CC teleconferences relevant to practice
- § Review each month journals and papers specific to my practice
- § Review books, SIG newsletters and other written material as relevant
- § Attend where possible other relevant courses, seminars, conferences.

Category 2 – Practice review *(some examples listed below)*

- § Develop new client education material and have it peer reviewed by mentor and/or Dietitians working in similar areas of work
- § Have the application of new clinical practice guidelines reviewed by mentor
- § Review clinical cases with mentor on a monthly basis using audit forms and with written feedback
- § Complete one observed practice this year.

Category 3 – Cultural Competency *(some examples listed below)*

- § Reading and reflecting on information obtained from a 'Treaty of Waitangi' website or other sources
- § Reflection and/or discussion of cultural issues with colleagues
- § Attending lectures/workshops/courses and applying to my dietetic practice. E.g. Older Persons Health workshop, Tikanga Maori course, Pacific Island Health workshop, Asian forum
- § Completing the online cultural competency course at <http://nzdb.moodle.co.nz/> or the Mauri Ora 'Healthcare and the Treaty of Waitangi' on-line course.

Learning Objectives-Example 2

Dietitian's Name:

Signature:

Date:

Mentor/Supervisor's Name:

Signature:

Date:

Assessment: Consider professional strengths and learning needs

Refer to Appendix 3, Dietitians Board of New Zealand - Continuing Competency Programme Manual, June 2007

| Objective <i>(Is the goal SMART - specific, measurable, achievable, time-framed, and realistic?)</i> | Actions <i>(What you have to do and by when?)</i> | Success Criteria <i>(How will you know when the objective has been achieved?)</i> | Resources Needed <i>(What training or assistance from others is needed?)</i> |
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| 1. | | | |
| 2. | | | |
| 3. | | | |

