

# 2010-2011 Continuing Competency Programme (CCP) Changes Explained

As a result of your feedback, the CCP has been revised and simplified. Specific changes are outlined below and will be effective from 1 April 2010.

## Learning Objectives

The goals of the 'learning objectives' (previously 'learning plans') are to:

- reflect your (nutrition related) dietetic area of practice
- identify specific learning needs to enhance your practice in your area of work

Learning objectives can be based on the learning plans/professional development plans you develop for your work.

These are now to be completed on an annual basis and submitted with your audit.

## CCP Credit Summary for Audit

Credit Summary for Audit:

Please write the credits completed each year on the table provided, as well as the total credits for the five years' audit period.

Recency of Practice Statement:

Please complete the 'recency of practice' statement and sign. This is a mandatory requirement for all dietitians being audited.

Mentor/Supervisor Sign Off:

This needs to be signed by your mentor/supervisor if you:

- a) Are in your first year of work post registration (compulsory from 2010),
- b) Are an overseas trained dietitian within the first year of practising in NZ,
- c) Are returning to dietetic work after more than 3 years not practising, or
- d) Have named a mentor/supervisor.

## Categories of Competency

Category 1 - Continuing Education

Activities that were previously included in 'Additional professional/personal development' category may now be included under 'Continuing Education', provided they are related to your area of practice.

Category 2 - Practice Review

This section is unchanged: refer to notes below for clarification of recording requirements.

Category 3 - Cultural Competency

This section was previously 'Additional professional/personal development'.

For each of these three categories, please provide in the columns provided:

- § Date Activity undertaken
- § Activity undertaken
- § Credits
- § Evidence provided (as applicable)

### Column A: Activity Undertaken

Activities credited with 1 or 2 points

- § Provide a brief description (but not reflection) of the activity in column A
- § Evidence must be given for 1 and 2 credit level activities under category 2 (Practice Review), but is not required for categories 1 (Continuing Education) and 3 (Cultural Competency).

Higher level activities - credits of 3 or more

- § Provide a detailed description, reflection and/or evidence of the activity, noting the number of credits. Evidence which can include reflection is required for all higher level credits
- § Include how you have applied the knowledge, attitude or skills gained from undertaking this activity. Consider and reflect on:
  - new or enhanced knowledge and/or skills
  - how your attitudes, perception, awareness and practice have changed
- § Reflective reports, if written in detail and demonstrating reflective thinking, can be used as the sole source of evidence for activities credited with 3 or more credits.

### Column B: Credits

Allocation

- § For each year of audit, at least one higher-level activity (3 credits or more) must be undertaken. This can come from any category
- § Over the 5 year audit period, at least one higher-level activity (3 credits or more) must be undertaken in every category.

### Column C: Evidence Provided

The requirements are unchanged.

### Clarification of Practice Review

At least one 'Practice Review' activity must be undertaken annually.

- § 'Practice Review' should continue to provide 20% of credits each year (i.e. 2/10 or 3/15)
- § The required credits can be made up of a combination of activities credited with 1 and 2
- § However for each 5 year audit period, at least one 'practice review' activity worth 3 or more credits must be submitted, along with appropriate evidence
- § Evidence must be given for 1 and 2 credit activities under 'practice review'
- § Evidence must include feedback from another person. Ensure the reviewer is named and whenever possible, that his/her signature is included on the peer review evaluation
- § Some suggested 'practice review' activities are: report writing/essays (reviewed or marked) observation, peer review with suggestions and live supervision.